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Source Naturals®
23 Janis Way
Scotts Valley, CA 95066

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April 29 2005

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW., Washington, D.C. 20204

MAY 17 2005

RE: Notification of Nutritional Support Statements

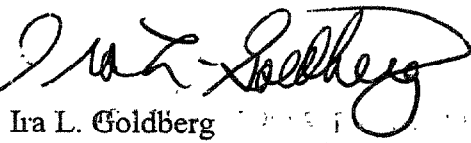
To whom it may concern:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Lignan Extract, a dietary supplement. Source Naturals® is the manufacturer of Lignan Extract.

Statements being made in the labeling of Lignan Extract

- 1) Clinical research has shown that lignan supports the cardiovascular system, promotes cell health and acts as an antioxidant.
- 2) Source Naturals Lignan Extract is made from the flax hull as opposed to the flax seed and thus contains 10-30 times more lignan than flax seed oils.

To the best of my knowledge and belief, and based upon information available at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals® possesses substantiation that the statements are truthful and not misleading.


Ira L. Goldberg
President, Source Naturals®

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